

| Name        | Vorname   | Verein             | Jahrgang | AK       | 5.11.16  | 26.11.16 | 3.12.16  | 17.12.16 | 7.1.17 | 22.01.17 | beste Drei |
|-------------|-----------|--------------------|----------|----------|----------|----------|----------|----------|--------|----------|------------|
| Ellermeier  | Paulina   | ESV                | 2003     | Jugend B | 00:45:56 |          | 00:43:55 |          |        |          | #ZAHL!     |
| Waldeck     | Johanna   | LGW                | 1998     | Jun W A  |          |          |          |          |        |          | #WERT!     |
| Krosta      | Katharina | ESV                | 1999     | Jun W A  |          |          |          |          |        |          |            |
| Hartmann    | Lucy      | ESV                | 1994     | WHK      |          |          | 00:40:26 |          |        |          | #ZAHL!     |
| Schlinkmann | Anna      |                    | 1992     | WHK      | 00:38:20 |          |          |          |        |          |            |
| Adamczik    | Melissa   | ESV                | 1995     | WHK      |          |          |          |          |        |          | #ZAHL!     |
| Rosenau     | Julia     |                    | 1989     | WHK      |          |          |          |          |        |          |            |
| Pflughaupt  | Carina    |                    | 1989     | WHK      | 00:33:45 | 00:32:37 | 00:32:00 |          |        |          |            |
| Hedemann    | Oda       | VfL Hameln         | 1989     | WHK      |          |          |          |          |        |          |            |
| Müller      | Nina      |                    | 1990     | WHK      | 00:38:44 |          | 00:38:22 |          |        |          |            |
| Schlinkmann | Lea       |                    | 1993     | WHK      |          | 00:35:17 |          |          |        |          |            |
| Teichmann   | Sarah     | Lauftreff Hameln   | 1986     | W30      |          |          |          |          |        |          |            |
| Bönicke     | S.        | Hameln Run         | 1983     | W30      |          | 00:37:37 |          |          |        |          |            |
| Krug        | Monika    | Lauftreff Hameln   | 1981     | W35      |          |          |          |          |        |          |            |
| Reckemeier  | Rebecca   | ESV                | 1979     | W35      |          |          |          |          |        |          | #ZAHL!     |
| Blankenagel | Yvonne    |                    | 1981     | W35      |          |          |          |          |        |          |            |
| Paulmann    | Annika    |                    | 1977     | W40      | 00:43:25 |          |          |          |        |          |            |
| Hoppe       | Claudia   | RRV Hameln-Pyrmont |          | W40      |          |          |          |          |        |          |            |
| Knorr       | Anke      | TBV Jahn Alverd.   | 1974     | W40      |          |          |          |          |        |          |            |
| Lippelt     | Christine | ESV                | 1974     | W40      |          |          |          |          |        |          | #ZAHL!     |
| Brenes      | Andrea    | 1.Karate Dojo      | 1975     | W40      | 00:37:16 | 00:37:14 |          |          |        |          |            |
| Stolzenburg | Andrea    | ESV                | 1976     | W40      |          |          |          |          |        |          |            |
| O'Dell      | Irina     | Lauftreff Hameln   | 1973     | W40      |          | 00:37:38 |          |          |        |          | #ZAHL!     |
| Lehmer      | Nicole    | Hamburg            | 1976     | W40      |          |          | 00:44:35 |          |        |          |            |
| Kettle      | Sarah     | ESV                | 1972     | W45      | 00:34:29 | 00:33:44 |          |          |        |          |            |
| Küchler     | Birgit    | Fischbeck          | 1971     | W45      | 00:40:56 | 00:39:51 | 00:40:32 |          |        |          |            |
| Waldeck     | Kirsten   | MTV Weibek         | 1969     | W45      |          | 00:37:05 | 00:37:32 |          |        |          | #ZAHL!     |
| Johnson     | Susanne   |                    | 1969     | W45      |          |          |          |          |        |          |            |
| Weege       | Susanne   |                    | 1968     | W45      |          |          |          |          |        |          |            |
| Haskamp     | Ulrike    |                    | 1966     | W50      |          |          |          |          |        |          |            |
| Majewski    | Petra     | ESV                | 1959     | W55      |          |          |          |          |        |          |            |
| Müller      | Heike     | ESV                | 1961     | W55      | 00:34:23 |          | 00:34:45 |          |        |          | #ZAHL!     |

|                        |                     |                                  |              |                      |                      |          |                      |          |          |  |                  |
|------------------------|---------------------|----------------------------------|--------------|----------------------|----------------------|----------|----------------------|----------|----------|--|------------------|
| Müller                 | Marion              | ESV                              | 1955         | W60                  |                      | 00:41:33 | 00:40:45             |          |          |  | #ZAHL!           |
| Meyer                  | Sigrid              | ESV                              | 1946         | W70                  | 00:44:22             |          |                      |          |          |  | #ZAHL!           |
| Garbe                  | Salomo              |                                  | 2005         | MU10                 |                      |          |                      |          |          |  |                  |
| Waldeck<br>Böttcher    | Jakob<br>Niklas     | LGW                              | 2000<br>2000 | Jugend A<br>Jugend A | 00:31:08             | 00:30:12 | 00:30:06             |          |          |  |                  |
| Semmler<br>Stoll       | Tim<br>Jonathan     | LGW                              | 1999<br>1999 | Junioren<br>Junioren | 00:37:11             |          |                      |          |          |  |                  |
| Küchler<br>Peddinghans | Jan<br>Till         | LGW<br>TSG                       | 1997<br>1998 | Junioren             |                      |          |                      |          |          |  |                  |
| Schmidt<br>Bergmann    | Stefan<br>Silas     | Hameln<br>ESV                    | 1992<br>1997 | MHK<br>MHK           |                      |          | 00:31:37<br>00:25:49 |          |          |  |                  |
| Glinke<br>Nowak        | Tobias<br>Christoph |                                  | 1997<br>1992 | MHK<br>MHK           | 00:27:24<br>00:25:31 |          | 00:25:18             |          |          |  |                  |
| Meyer<br>Spiess        | Matthias<br>Andreas | HM<br>TV Jahn Welsede            | 1988<br>1994 | MHK<br>MHK           |                      |          |                      |          |          |  | #ZAHL!<br>#ZAHL! |
| Raasch<br>Schwekendiek | André<br>Jonas      | ESV<br>ESV                       | 1992<br>1992 | MHK<br>MHK           | 00:27:12<br>00:26:14 |          | 00:26:11             |          |          |  | #ZAHL!           |
| Köberle<br>Reckemeier  | Fabian<br>Claas     |                                  | 1992<br>1996 | MHK<br>MHK           |                      |          |                      |          |          |  | #ZAHL!           |
| Grote<br>Garbe         | Lauritz<br>Sven     | ESV                              | 1993<br>1995 | MHK<br>MHK           |                      |          |                      |          |          |  |                  |
| Jugovic<br>Heise       | Bogdan<br>Niklas    |                                  | 1992<br>1996 | MHK<br>MHK           | 00:37:15             | 00:37:10 | 00:37:37<br>00:30:58 |          |          |  |                  |
| Lemke                  | Lukas               | ESV                              | 1997         | MHK                  |                      |          | 00:25:53             | 00:25:37 |          |  |                  |
| Veith<br>Lachendro     | Lukas<br>Marcel     | ESV<br>ESV                       | 1984<br>1987 | M30<br>M30           | 00:27:26<br>00:42:34 | 00:26:43 |                      | 00:40:44 |          |  | #WERT!           |
| Meyer                  | Matthias            | Hamburg                          | 1988         | M30                  |                      |          |                      | 00:33:01 |          |  |                  |
| Baumeister<br>Aal      | Andreas<br>Jelle    | ESV<br>Lauftreff Hameln          | 1980<br>1980 | M35<br>M35           |                      |          |                      |          |          |  | #ZAHL!<br>#ZAHL! |
| Klematowitz<br>Lüth    | Manuel<br>Andre     | Weserbergland Runners<br>Hamburg | 1980<br>1979 | M35<br>M35           |                      |          |                      | 00:33:42 | 00:33:16 |  |                  |

|                |           |                     |      |     |          |          |          |  |  |  |         |
|----------------|-----------|---------------------|------|-----|----------|----------|----------|--|--|--|---------|
| Präger         | Torsten   | ESV                 | 1979 | M35 |          | 00:30:59 | 00:31:39 |  |  |  |         |
| Schwarz        | Stefan    | ESV                 | 1979 | M35 |          |          | 00:26:20 |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Grundmeyer     | Thorsten  |                     | 1977 | M40 |          |          |          |  |  |  | #WERT!  |
| Priebe         | Philip    | ESV                 | 1976 | M40 |          |          |          |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Franke         | Hans-P.   | ESV                 | 1974 | M40 |          |          |          |  |  |  |         |
| Benze          | Nils      | LGW                 | 1972 | M40 |          |          |          |  |  |  |         |
| Bleibaum       | Thomas    |                     | 1975 | M40 | 00:37:46 |          |          |  |  |  |         |
| König          | Nils      | ESV                 | 1974 | M40 |          |          |          |  |  |  |         |
| Goldmann       | Timo      |                     | 1975 | M40 | 00:33:43 |          |          |  |  |  |         |
| Brendel        | Dennis    | Hameln              | 1974 | M40 |          |          |          |  |  |  |         |
| Jochim         | Tobias    | SC Bad Münden       | 1973 | M40 |          |          | 00:31:57 |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Schmalkuche    | Uwe       | Emmerthal           | 1972 | M45 |          | 00:32:15 |          |  |  |  |         |
| Pahnke Waldeck | Mathias   | LGW                 | 1972 | M45 |          |          | 00:40:10 |  |  |  | #WERT!  |
| Semmler        | Peter     |                     | 1971 | M45 |          |          |          |  |  |  | #ZAHL!  |
| Hinzman        | Franz     | ESV                 | 1968 | M45 |          |          |          |  |  |  |         |
| Klöpper        | Markus    |                     | 1970 | M45 | 00:32:03 | 00:32:16 |          |  |  |  |         |
| Köhler         | Tobias    |                     | 1971 | M45 | 00:32:26 | 00:31:01 | 00:30:31 |  |  |  |         |
| Mosel          | Andreas   | ESV                 | 1969 | M45 |          |          |          |  |  |  |         |
| Scharf         | Dietmar   | Hamburg             | 1968 | M45 |          |          | 00:44:36 |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Stoll          | Lothar    |                     | 1967 | M50 | 00:37:12 |          | 00:35:55 |  |  |  |         |
| Schrader       | Thorsten  | RRV Hameln-Pyrmont  | 1965 | M50 | 00:33:28 | 00:30:44 | 00:30:19 |  |  |  | 1:34:31 |
| Sprute         | Thomas    |                     | 1963 | M50 |          |          |          |  |  |  |         |
| Küchler        | Olaf      | TSC Fischbeck       | 1966 | M50 | 00:33:03 | 00:32:18 |          |  |  |  | #ZAHL!  |
| Thaler         | Markus    | LT Bad Münden       | 1964 | M50 |          |          |          |  |  |  |         |
| Vetter         | Carsten   | ESV                 | 1963 | M50 | 00:34:41 | 00:32:47 | 00:32:40 |  |  |  |         |
| Wuttke         | Heiko     | ESV                 | 1963 | M50 | 00:44:37 | 00:44:25 | 00:45:50 |  |  |  |         |
| Fanslau        | Tobias    | Spartakus Holtensen | 1967 | M50 | 00:31:53 | 00:31:30 | 00:30:59 |  |  |  |         |
| Ray            | Leon      |                     | 1963 | M50 | 00:38:22 |          |          |  |  |  |         |
| Garbe          | Christian | ESV                 | 1965 | M50 |          | 00:36:30 | 00:37:04 |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Schwab         | Wolfgang  |                     | 1959 | M55 | 00:37:25 |          |          |  |  |  | #ZAHL!  |
| Lücke          | Ronald    | Hameln              | 1960 | M55 |          | 00:40:26 |          |  |  |  | #ZAHL!  |
| Kornas         | René      | Wildcats Hameln     | 1962 | M55 | 00:46:28 |          |          |  |  |  |         |
| Gurgel         | Willi     |                     | 1959 | M55 |          |          | 00:43:02 |  |  |  |         |
| Straub         | Viktor    | TSV Kl. Berkel      | 1961 | M55 | 00:42:43 | 00:43:23 | 00:42:11 |  |  |  |         |
| Bettels        | Gregor    | ESV                 | 1962 | M55 |          | 00:40:05 | 00:39:35 |  |  |  |         |
|                |           |                     |      |     |          |          |          |  |  |  |         |
| Jermis         | Dieter    | ESV                 | 1956 | M60 | 00:33:26 | 00:32:07 |          |  |  |  | #ZAHL!  |

|          |          |                    |      |     |          |          |          |  |  |  |         |
|----------|----------|--------------------|------|-----|----------|----------|----------|--|--|--|---------|
| Keller   | Jürgen   | SC Bad Münde       | 1956 | M60 |          |          |          |  |  |  |         |
| Filleger | Wolfgang | Spiridon Schleswig | 1957 | M60 |          |          | 00:34:23 |  |  |  |         |
|          |          |                    |      |     |          |          |          |  |  |  |         |
| Grasmück | Waldemar | FC Klüt HM         | 1952 | M65 | 00:35:28 |          |          |  |  |  | #WERT!  |
| Jugovic  | Drago    | SC Bad Münde       | 1952 | M65 | 00:35:19 | 00:35:28 | 00:34:43 |  |  |  | #WERT!  |
| Bradley  | Terry    | ESV                | 1949 | M65 | 00:52:15 | 00:46:26 | 00:46:39 |  |  |  | 2:25:20 |
| Wittkopp | Wolfram  | FC Preussen HM     | 1949 | M65 |          |          |          |  |  |  | #ZAHL!  |
| Werner   | Herbert  | ESV                | 1948 | M65 |          |          |          |  |  |  |         |
| Grasmück | Waldemar | FC Klüt HM         | 1952 | M65 |          | 00:35:30 | 00:34:12 |  |  |  |         |
|          |          |                    |      |     |          |          |          |  |  |  |         |
| Kallikat | Horst    | ESV                | 1938 | M75 |          |          |          |  |  |  | #ZAHL!  |