

Name	Vorname	Verein	Jahrgang	AK	5.11.16	26.11.16	3.12.16	17.12.16	7.1.17	22.01.17	beste Drei
Lemke	Lara	ESV	2005					00:35:04			
Ellermeier	Paulina	ESV	2003	Jugend B	00:45:56		00:43:55				#ZAHL!
Waldeck	Johanna	LGW	1998	Jun W A							#WERT!
Krosta	Katharina	ESV	1999	Jun W A							
Hartmann	Lucy	ESV	1994	WHK			00:40:26				#ZAHL!
Schlinkmann	Anna		1992	WHK	00:38:20						
Adamczik	Melissa	ESV	1995	WHK							#ZAHL!
Rosenau	Julia		1989	WHK							
Pflughaupt	Carina		1989	WHK	00:33:45	00:32:37	00:32:00				
Hedemann	Oda	VfL Hameln	1989	WHK							
Müller	Nina		1990	WHK	00:38:44		00:38:22				
Schlinkmann	Lea		1993	WHK		00:35:17					
Teichmann	Sarah	Lauftreff Hameln	1986	W30							
Bönicke	S.	Hameln Run	1983	W30		00:37:37					
Krug	Monika	Lauftreff Hameln	1981	W35							
Reckemeier	Rebecca	ESV	1979	W35							#ZAHL!
Blankenagel	Yvonne		1981	W35							
Paulmann	Annika		1977	W40	00:43:25						
Hoppe	Claudia	RRV Hameln-Pyrmont		W40							
Knorr	Anke	TBV Jahn Alverd.	1974	W40							
Lippelt	Christine	ESV	1974	W40							#ZAHL!
Brenes	Andrea	1.Karate Dojo	1975	W40	00:37:16	00:37:14					
Stolzenburg	Andrea	ESV	1976	W40							
O'Dell	Irina	Lauftreff Hameln	1973	W40		00:37:38					#ZAHL!
Lehmer	Nicole	Hamburg	1976	W40			00:44:35				
Kettle	Sarah	ESV	1972	W45	00:34:29	00:33:44					
Küchler	Birgit	Fischbeck	1971	W45	00:40:56	00:39:51	00:40:32	00:40:05			
Waldeck	Kirsten	MTV Weibek	1969	W45	00:38:35	00:37:05	00:37:32	00:35:32			1:50:09
Johnson	Susanne		1969	W45							
Weege	Susanne		1968	W45							
Haskamp	Ulrike		1966	W50							

Majewski	Petra	ESV	1959	W55						
Müller	Heike	ESV	1961	W55	00:34:23		00:34:45	00:34:27		1:43:35
Müller	Marion	ESV	1955	W60		00:41:33	00:40:45	00:40:26		2:02:44
Meyer	Sigrid	ESV	1946	W70	00:44:22					#ZAHL!
Garbe	Salomo		2005	MU10						
Waldeck	Jakob	LGW	2000	Jugend A	00:31:08	00:30:12	00:30:06			
Böttcher	Niklas		2000	Jugend A						
Semmler	Tim	LGW	1999	Junioren						
Stoll	Jonathan		1999	Junioren	00:37:11					
Küchler	Jan	LGW	1997	Junioren						
Peddinghans	Till	TSG	1998							
Schmidt	Stefan	Hameln	1992	MHK			00:31:37	00:31:35		
Bergmann	Silas	ESV	1997	MHK		00:25:49				
Glinke	Tobias		1997	MHK	00:27:24					
Nowak	Christoph		1992	MHK	00:25:31		00:25:18	00:25:37		
Meyer	Matthias	HM	1988	MHK						#ZAHL!
Spiess	Andreas	TV Jahn Welsede	1994	MHK	00:27:12					#ZAHL!
Raasch	André	ESV	1992	MHK						#ZAHL!
Schwekendiek	Jonas	ESV	1992	MHK	00:26:14	00:26:11				
Köberle	Fabian		1992	MHK						
Reckemeier	Claas	ESV	1996	MHK						#ZAHL!
Grote	Lauritz	ESV	1993	MHK						
Garbe	Sven		1995	MHK						
Jugovic	Bogdan		1992	MHK	00:37:15	00:37:10	00:37:37	00:37:37		
Heise	Niklas	ESV	1996	MHK		00:30:58				
Lemke	Lukas		1997	MHK		00:25:53	00:25:37	00:25:04		
Anderson	Scott	ESV	1996	MHK				00:25:12		
Gütt	Paul		1995	MHK				00:34:23		
Veith	Lukas	ESV	1984	M30	00:27:26	00:26:43		00:28:21		
Lachendro	Marcel	ESV	1987	M30	00:42:34		00:40:44			#WERT!
Meyer	Matthias	Hamburg	1988	M30			00:33:01			

Evers	Thore		1984	M30				00:26:30			
Baumeister	Andreas	ESV	1980	M35				00:32:18			#ZAHL!
Aal	Jelle	Lauftreff Hameln	1980	M35							#ZAHL!
Klematowitz	Manuel	Weserbergland Runners	1980	M35							
Lüth	Andre	Hamburg	1979	M35		00:33:42	00:33:16				
Präger	Torsten	ESV	1979	M35		00:30:59	00:31:39				
Schwarz	Stefan	ESV	1979	M35			00:26:20				
Grundmeyer	Thorsten		1977	M40							#WERT!
Priebe	Philip	ESV	1976	M40							
Franke	Hans-P.	ESV	1974	M40							
Benze	Nils	LGW	1972	M40							
Bleibaum	Thomas		1975	M40	00:37:46						
König	Nils	ESV	1974	M40							
Goldmann	Timo		1975	M40	00:33:43						
Brendel	Dennis	Hameln	1974	M40	00:51:57						
Jochim	Tobias	SC Bad Münden	1973	M40			00:31:57				
Schmalkuche	Uwe	Emmerthal	1972	M45		00:32:15					
Pahnke Waldeck	Mathias	LGW	1972	M45			00:40:10	00:39:36			#WERT!
Semmler	Peter		1971	M45							#ZAHL!
Hinzman	Franz	ESV	1968	M45							
Klöpper	Markus		1970	M45	00:32:03	00:32:16		00:33:00			
Köhler	Tobias		1971	M45	00:32:26	00:31:01	00:30:31				
Mosel	Andreas	ESV	1969	M45				00:27:20			
Scharf	Dietmar	Hamburg	1968	M45			00:44:36				
Lemke	Detlef	Eintracht HM	1966	M50				00:36:36			
Stoll	Lothar		1967	M50	00:37:12		00:35:55				
Schrader	Thorsten	RRV Hameln-Pyrmont	1965	M50	00:33:28	00:30:44	00:30:19	00:29:58			1:31:01
Sprute	Thomas		1963	M50							
Küchler	Olaf	TSC Fischbeck	1966	M50	00:33:03	00:32:18		00:32:09			1:37:30
Thaler	Markus	LT Bad Münden	1964	M50							
Vetter	Carsten	ESV	1963	M50	00:34:41	00:32:47	00:32:40	00:32:41			
Wuttke	Heiko	ESV	1963	M50	00:44:37	00:44:25	00:45:50				
Fanslau	Tobias	Spartakus Holtensen	1967	M50	00:31:53	00:31:30	00:30:59				
Ray	Leon		1963	M50	00:38:22						
Garbe	Christian	ESV	1965	M50		00:36:30	00:37:04				
Schwab	Wolfgang		1959	M55	00:37:25						#ZAHL!

Lücke	Ronald	Hameln	1960	M55		00:40:26		00:39:42			#ZAHL!
Kornas	René	Wildcats Hameln	1962	M55	00:46:28						
Gurgel	Willi		1959	M55			00:43:02				
Straub	Viktor	TSV Kl. Berkel	1961	M55	00:42:43	00:43:23	00:42:11	00:40:00			
Bettels	Gregor	ESV	1962	M55		00:40:05	00:39:35	00:37:38			
Jermis	Dieter	ESV	1956	M60	00:33:26	00:32:07					#ZAHL!
Keller	Jürgen	SC Bad Münden	1956	M60							
Flieger	Wolfgang	Spiridon Schleswig	1957	M60			00:34:23				
Helbig	Burkhard	ESV	1956	M60				00:36:24			
Grasmück	Waldemar	FC Klüt HM	1952	M65	00:35:28						#WERT!
Jugovic	Drago	SC Bad Münden	1952	M65	00:35:19	00:35:28	00:34:43	00:34:19			#WERT!
Bradley	Terry	ESV	1949	M65	00:52:15	00:46:26	00:46:39	00:49:02			2:22:07
Wittkopp	Wolfram	FC Preussen HM	1949	M65							#ZAHL!
Werner	Herbert	ESV	1948	M65							
Grasmück	Waldemar	FC Klüt HM	1952	M65		00:35:30	00:34:12				
Kallikat	Horst	ESV	1938	M75							#ZAHL!