

Lemke	Lara	ESV	2005					00:35:04	00:39:05		#ZAHL!
Ellermeier	Paulina	ESV	2003	Jugend B	00:45:56		00:43:55				#ZAHL!
Hartmann	Lucy	ESV	1994	WHK			00:40:26				
Schlinkmann	Anna		1992	WHK	00:38:20						
Pflughaupt	Carina		1989	WHK	00:33:45	00:32:37	00:32:00				1:38:22
Müller	Nina		1990	WHK	00:38:44		00:38:22		00:42:18		1:59:24
Schlinkmann	Lea		1993	WHK		00:35:17					
Bönicke	S.	Hameln Run	1983	W30			00:37:37				
Paulmann	Annika		1977	W40	00:43:25						
Lippelt	Christine	ESV	1974	W40							
Brenes	Andrea	1.Karate Dojo	1975	W40	00:37:16	00:37:14					#ZAHL!
O'Dell	Irina	Lauftreff Hameln	1973	W40		00:37:38					
Lehmer	Nicole	Hamburg	1976	W40				00:44:35			
Kettle	Sarah	ESV	1972	W45	00:34:29	00:33:44					#ZAHL!
Küchler	Birgit	Fischbeck	1971	W45	00:40:56	00:39:51	00:40:32	00:40:05	00:39:37		1:59:33
Waldeck	Kirsten	MTV Weibek	1969	W45	00:38:35	00:37:05	00:37:32	00:35:32			1:50:09
Müller	Heike	ESV	1961	W55	00:34:23		00:34:45	00:34:27	00:34:21		1:43:11
Dragendorf	Antja		1961	W55					00:41:26		
Müller	Marion	ESV	1955	W60		00:41:33	00:40:45	00:40:26			2:02:44
Meyer	Sigrid	ESV	1946	W70	00:44:22						
Garbe	Salomo		2005	MU12					00:35:47		
Waldeck	Jakob	LGW	2000	Jugend A	00:31:08	00:30:12	00:30:06				1:31:26
Stoll	Jonathan		1999	Junioren	00:37:11						
Schmidt	Stefan	Hameln	1992	MHK			00:31:37	00:31:35			#ZAHL!
Bergmann	Silas	ESV	1997	MHK		00:25:49					

Glinke	Tobias		1997	MHK	00:27:24						
Nowak	Christoph		1992	MHK	00:25:31		00:25:18	00:25:37			<b>1:16:26</b>
Spieß	Andreas	TV Jahn Welsede	1994	MHK	00:27:12						
Schwekendiek	Jonas	ESV	1992	MHK	00:26:14	00:26:11					<b>#ZAHL!</b>
Jugovic	Bogdan		1992	MHK	00:37:15	00:37:10	00:37:37	00:37:37			<b>1:52:02</b>
Heise	Niklas	ESV	1996	MHK		00:30:58		00:25:04	00:24:56		<b>1:20:58</b>
Lemke	Lukas		1997	MHK		00:25:53	00:25:37				<b>#ZAHL!</b>
Anderson	Scott	ESV	1996	MHK				00:25:12			
Gütt	Paul		1995	MHK				00:34:23			
Veith	Lukas	ESV	1984	M30	00:27:26	00:26:43		00:28:21			<b>1:22:30</b>
Lachendro	Marcel	ESV	1987	M30	00:42:34		00:40:44				<b>#WERT!</b>
Meyer	Matthias	Hamburg	1988	M30			00:33:01				
Evers	Thore		1984	M30				00:26:30			
Baumeister	Andreas	ESV	1980	M35				00:32:18			
Lüth	Andre	Hamburg	1979	M35		00:33:42	00:33:16				<b>#ZAHL!</b>
Präger	Torsten	ESV	1979	M35		00:30:59	00:31:39				<b>#ZAHL!</b>
Schwarz	Stefan	ESV	1979	M35			00:26:20				
Bleibaum	Thomas		1975	M40	00:37:46						
Jochim	Tobias	SC Bad Münde	1973	M40			00:31:57		00:31:51		<b>#ZAHL!</b>
Schmalkuche	Uwe	Emmerthal	1972	M45		00:32:15					
Pahnke Waldeck	Mathias	LGW	1972	M45			00:40:10	00:39:36			<b>#WERT!</b>
Klöpper	Markus		1970	M45	00:32:03	00:32:16		00:33:00			<b>1:37:19</b>
Köhler	Tobias		1971	M45	00:32:26	00:31:01	00:30:31				<b>1:33:58</b>
Mosel	Andreas	ESV	1969	M45				00:27:20			
Scharf	Dietmar	Hamburg	1968	M45			00:44:36				
Mußmann	Kai	ESV	1968	M45					00:28:57		
Lemke	Detlef	Eintracht HM	1966	M50				00:36:36			
Stoll	Lothar		1967	M50	00:37:12		00:35:55		00:36:06		<b>1:49:13</b>
Schrader	Thorsten	RRV Hameln-Pyrmont	1965	M50	00:33:28	00:30:44	00:30:19	00:29:58	00:32:57		<b>1:31:01</b>
Sprute	Thomas		1963	M50							
Küchler	Olaf	TSC Fischbeck	1966	M50	00:33:03	00:32:18		00:32:09			<b>1:37:30</b>
Thaler	Markus	LT Bad Münde	1964	M50							
Vetter	Carsten	ESV	1963	M50	00:34:41	00:32:47	00:32:40	00:32:41			<b>1:38:08</b>
Wuttke	Heiko	ESV	1963	M50	00:44:37	00:44:25	00:45:50		00:49:42		<b>2:14:52</b>
Fanslau	Tobias	Spartakus Holtensen	1967	M50	00:31:53	00:31:30	00:30:59				<b>1:34:22</b>

Ray	Leon		1963	M50	00:38:22						
Garbe	Christian	ESV	1965	M50		00:36:30	00:37:04		00:35:47		<b>1:49:21</b>
Schwab	Wolfgang		1959	M55	00:37:25				00:35:35		<b>#ZAHL!</b>
Lücke	Ronald	Hameln	1960	M55		00:40:26		00:39:42	00:41:24		<b>2:01:32</b>
Kornas	René	Wildcats Hameln	1962	M55	00:46:28						
Gurgel	Willi		1959	M55			00:43:02				
Straub	Viktor	TSV Kl. Berkel	1961	M55	00:42:43	00:43:23	00:42:11	00:40:00	00:41:13		<b>2:03:24</b>
Bettels	Gregor	ESV	1962	M55		00:40:05	00:39:35	00:37:38	00:36:38		<b>1:53:51</b>
Jermis	Dieter	ESV	1956	M60	00:33:26	00:32:07					<b>#ZAHL!</b>
Flieger	Wolfgang	Spiridon Schleswig	1957	M60			00:34:23		00:34:20		<b>#ZAHL!</b>
Helbig	Burkhard	ESV	1956	M60				00:36:24	00:36:22		<b>#ZAHL!</b>
Grasmück	Waldemar	FC Klüt HM	1952	M65	00:35:28						
Jugovic	Drago	SC Bad Münder	1952	M65	00:35:19	00:35:28	00:34:43	00:34:19			<b>1:44:21</b>
Bradley	Terry	ESV	1949	M65	00:52:15	00:46:26	00:46:39	00:49:02	00:48:33		<b>2:21:38</b>
Grasmück	Waldemar	FC Klüt HM	1952	M65		00:35:30	00:34:12				<b>#ZAHL!</b>