

	Vorname	Verein	Jahrg.	AK	7.11.15	28.11.15	5.12.51	19.12.15	9.1.16	31.1.16	beste Drei	Platz	Gesamt
Hartmann	Lucy	ESV Hameln	1994	WHK									
Rößler	Finja	ESV	1985	W30									
Schmitz	Verena-A	ESV	1981	W35	00:58:45								
Gilke	Regina		1971	W45									
Anderson	Britta	ESV	1968	W45	00:55:25								
Dörries	Susanne	ESV	1967	W45									
Hamann	Simone	Skiclub Spring	1966	W50									
Groebler	Kerstin	Hottenbergsf	1964	W50	01:11:49	01:11:01							
Koeppen	Ulla	VfL H.O.	1956	W60		00:59:57							
Garbe	Salomo	TC hameln	2005	MU12	01:07:31	01:15:46							
Bergmann	Silas	ESV Hameln	1997	Junioren	00:43:21	00:48:38							
Anderson	Scott	ESV	1996	MHK									
Heise	Niklas	ESV	1996	MHK									
Hoppe	Niklas	ESV	1989	MHK									
Nowak	Christoph	Hameln	1992	MHK		00:43:57							
Grote	Lauritz	ESV Hameln		MHK	00:44:58								
Dohmeyer	Christoph	Hameln	1990	MHK									
Spieß	Andy	TV Jahn Wels	1994	MHK	00:46:59								
Schwekend	Jonas	ESV	1992	MHK	01:03:25								
Köberle	Fabian		1992	MHK		01:04:00							
Evers	Thore	Hameln	1984	M30									
Winterholler	Andreas	ESV	1983	M30	00:43:20								
Schrell	Steffen		1986	M30		00:52:26							
Baumeister	Andreas		1980	M35									
Dunemann	Jens	ESV Hameln	1977	M35									
Decker	Björn	Weserberglar	1980	M35	01:00:18								
Aal	Jelle	Lauftreff Ham	1980	M35	01:15:25								
Gruppe	Christian	Hottenbergsf	1980	M35	00:57:30								
Schmalkuch	Uwe		1977	M35	00:56:47								
Priebe	Philip	ESV	1976	M40		00:51:12							
Richter	Lars	Team Egger	1976	M40									
Jochim	Tobias	SC Bad Münc	1973	M40		00:56:08							
Hage	Christian	Delta Runners	1972	M40	00:54:59								
Nicolaiczkyk	Andre	Bad Münder	1972	M40									
Franke	Hans-Pete	ESV Hameln	1974	M40									
Plutte	Hauke	VfL H.O.	1975	M40	00:44:49								
Köhler	Tobias	Emmerthal	1971	M45									
Fanslau	Tobias	Spartakus Ho	1967	M45									
Meyer	Jörg	Hameln	1967	M45	01:00:30								
Willmann	Frank	TSV Halle	1969	M45	00:58:08								
Mußmann	Kai	ESV	1968	M45	00:52:51	00:51:07							
Gabriel	Hartmut		1969	M45									
Gierke	Tommy		1970	M45									
Savic	Goran	Aerzen	1968	M45									
Winkel	Carsten	SV Victoria L	1967	M45	00:59:36								
Gruppe	Marius	ESV	1968	M45		00:52:33							
Liene	Guido	Team Egger	1966	M45									
Tietze	Olaf		1967	M45	00:53:54	00:52:40							
Örcan	Hacimehmet		1969	M45		01:00:11							
Boose	Karsten		1971	M45		01:04:59							
Mortzfeld	Ulrich	ESV	1966	M50									
Vetter	Carsten	ESV		M50	00:56:49								
Engelbrecht	Thomas	RRV Hameln	1963	M50									
Stephan	Andreas	Delta Runners	1963	M50	00:54:31								
Ray	Leon	Hameln	1963	M50	01:02:01								
Sander	Frank	Reintjes Spee	1963	M50	00:55:20	00:54:40							
Fäth	Uwe	LT SC Bad M	1965	M50									
Wuttke	Heiko	ESV	1963	M50	01:14:47								
Bache	Thomas	Spartakus Ho	1964	M50	00:59:52	00:59:59							
Bergmann	Andreas	SSG Mariena	1965	M50	00:53:46								
Garbe	Christian	ESV	1965	M50	01:07:38	01:06:25							
Jahnke	Ingolf	ESV	1963	M50		01:16:06							
Bettels	Gregor	ESV	1962	M50		01:17:00							
Hamann	Thomas	Skiclub Spring	1961	M55									
Düwel	Karl-Josef	Man Teo Ren	1961	M55									
Lücke	Ronald		1960	M55									
Kalmus	Michael	ESV	1960	M55		01:06:08							
Ringe	Karsten	TSG Emmertl	1958	M55									
Gurgel	Willi	Volksl. Grupe	1959	M55	01:08:14	01:07:41							
Klose	Frank	Sportbox Han	1960	M55									
Härtel	Dirk	Hottenbergsf	1960	M55	01:11:50								
Jermis	Dieter	ESV Hameln	1956	M60									
Bölter	Klaus	VfL Hameln	1953	M60	01:10:37								
Kurzshagen	Oswald	TC HM	1951	M65									
Oye	Bodo	VfL H.O.	1951	M65									
Werner	Herbert	ESV Hameln	1948	M65		00:56:42							