

Name	Vorname	Verein	Jahrgang	AK	7.11.15	28.11.15	5.12.15	19.12.15	16.1.16	31.01.16	beste Drei					
Waldeck	Johanna	LGW	1998	Jun W A		00:33:55	00:33:41		00:37:02		1:44:38					7 Km
Hartmann	Lucy	ESV	1994	WHK	00:35:50	00:35:35	00:36:09				1:47:34					
Schlinkmann	Julia	ESV	1995	WHK	00:40:55						#ZAHL!					
Adamczik	Melissa	ESV	1995	WHK	00:41:42	00:39:32	00:38:40				1:59:54					
Rosenau	Julia		1989	WHK	00:41:16		00:41:52				#ZAHL!					
Korschinek	Mandy		1989	WHK			00:35:48				#ZAHL!					
Hedemann	Oda	VfL Hameln	1989	WHK				00:35:44			#ZAHL!					
											#ZAHL!					
Eichwald	Tatjana		1985	W30	00:43:51											
Teichmann	Sarah	Lauftreff Hameln	1986	W30	00:43:16						#ZAHL!					
											#ZAHL!					
Krug	Monika	Lauftreff Hameln	1981	W35		00:43:18		00:45:28			#ZAHL!					
Reckemeier	Rebecca	ESV	1979	W35			00:31:34	00:31:28			#ZAHL!					
Blankenagel	Yvonne		1981	W35			00:47:48				#ZAHL!					
Hoppe	Claudia	RV Hameln-Pyrmont		W40					00:40:04		#ZAHL!					
Lippelt	Christine	ESV	1974	W40	00:34:45	00:35:44	00:34:53	00:34:21	00:36:16		1:43:59					
Stolzenburg	Andrea	ESV	1976	W40	00:39:35		00:36:55				#ZAHL!					
O'Dell	Irina	Lauftreff Hameln	1973	W40	00:39:41	00:40:38	00:38:42	00:38:50			1:57:13					
Waldeck	Kirsten	MTV Weibek	1969	W45	00:38:02	00:36:57	00:36:20	00:36:26	00:37:50		1:49:43					
Johnson	Susanne		1969	W45	00:45:39						#ZAHL!					
Weege	Susanne		1968	W45			00:44:22				#ZAHL!					
Haskamp	Ulrike		1966	W50			00:35:18				#ZAHL!					
Majewski	Petra	ESV	1959	W55	00:33:13		00:32:50				#ZAHL!					
Müller	Heike	ESV	1961	W55		00:34:39		00:34:37	00:35:19		1:44:35					
Müller	Marion	ESV	1955	W60	00:42:27			00:42:45	00:42:50		2:08:02					
Meyer	Sigrid	ESV	1946	W70	00:44:27	00:44:04	00:42:51	00:43:09			2:10:04					
Garbe	Salomo		2005	MU10				00:36:56			#ZAHL!					
Böttcher	Niklas		2000	Jugend A			00:32:37				#ZAHL!					
Semmler	Tim	LGW	1999	Jugend A	00:30:07		00:31:02				#ZAHL!					
Küchler	Jan	LGW	1997	Junioren				00:32:37	00:30:20		#ZAHL!					
Peddinghans	Till	TSG	1998					00:37:25			#ZAHL!					
Lachendro	Marcel	ESV	1987	MHK	00:42:10	00:41:48		00:39:20			2:03:18					
Meyer	Matthias	HM	1988	MHK	00:36:50	00:33:30	00:34:35	00:34:20			1:42:25					
Spieß	Andreas	TV Jahn Welsede	1994	MHK		00:25:49	00:25:51		00:26:39		1:18:19					
Raasch	André	ESV	1992	MHK	00:28:38	00:27:37	00:26:50	00:27:05			1:21:32					
Schwekendiek	Jonas	ESV	1992	MHK		00:27:42					#ZAHL!					
Köberle	Fabian		1992	MHK	00:36:49		00:34:36				#ZAHL!					

Reckemeier	Claas	ESV	1996	MHK		00:26:39	00:26:02	00:25:44			1:18:25				
Grote	Lauritz	ESV	1993	MHK		00:26:30	00:27:06				#ZAHL!				
Veith	Lukas	ESV	1984	M30		00:30:40	00:29:48				#ZAHL!				
Baumeister	Andreas	Hameln	1980	M35	00:30:47	00:31:02	00:31:04				1:32:53				
Grundmeyer	Thorsten		1977	M35	00:39:05	00:35:36		00:35:03			1:49:44				
Aal	Jelle	Laufftreff Hameln	1980	M35		00:39:55	00:38:38	00:38:31	00:38:25		1:55:34				
Klematowitz	Manuel	serbergland Runn	1980	M35		00:36:29					#ZAHL!				
Priebe	Philip	ESV	1976	M40					00:26:19		#ZAHL!				
Pahnke Waldeck	Mathias	LGW	1972	M40	00:39:14	00:38:24	00:39:03				1:56:41				
Schmalkuche	Uwe	Emmerthal	1972	M40	00:32:38						#ZAHL!				
Franke	Hans-P.	ESV	1974	M40	00:39:48		00:38:42				#ZAHL!				
Benze	Nils	LGW	1972	M40	00:29:54		00:29:11				#ZAHL!				
Korschinek	Enrico		1976	M40			00:35:55				#ZAHL!				
König	Nils	ESV	1974	M40					00:29:50		#ZAHL!				
Semmler	Peter		1971	M45	00:35:03	00:33:33	00:33:37	00:33:17			1:40:27				
Hinzman	Franz	ESV	1968	M45	00:32:45	00:31:59					#ZAHL!				
Stoll	Lothar		1967	M45	00:35:11	00:36:57					#ZAHL!				
Klöpper	Markus		1970	M45	00:32:44	00:34:52					#ZAHL!				
Fanslau	Tobias	partakus Holtense	1967	M45	00:32:18	00:31:28	00:44:23				1:48:09				
Köhler	Tobias		1971	M45	00:31:53	00:30:44					#ZAHL!				
Mosel	Andreas	ESV	1969	M45		00:27:25	00:26:56				#ZAHL!				
Schrader	Thorsten	RV Hameln-Pyrmo	1965	M50	00:30:35	00:30:51	00:30:17	00:30:27	00:40:06		1:31:19				
Sprute	Thomas		1963	M50	00:41:06						#ZAHL!				
Küchler	Olaf	TSC Fischbeck	1966	M50		00:33:55	00:33:56	00:32:45			1:40:36				
Thaler	Markus	LT Bad Münder	1964	M50				00:38:53			#ZAHL!				
Weinhagen	Malte		1960	M55				00:35:49	00:35:51		#ZAHL!				
Lücke	Ronald	Hameln	1960	M55	00:37:42	00:37:23		00:37:53			1:52:58				
Kornas	René	Wildcats Hameln	1962	M55		00:46:33					#ZAHL!				
Gurgel	Willi		1959	M55				00:39:23			#ZAHL!				
Jugovic	Drago	SC Bad Münder	1952	M60	00:34:37	00:34:11	00:34:25				1:43:13				
Grasmück	Waldemar	FC Klüt HM	1952	M60	00:33:09	00:32:35	00:32:03	00:32:09	00:33:19		1:36:47				
Jermis	Dieter	ESV	1956	M60	00:32:36	00:32:24	00:31:29				1:36:29				
Bradley	Terry	ESV	1949	M65	00:48:37	00:48:03	00:45:44	00:48:59	00:48:05		2:21:52				
Wittkopp	Wolfram	FC Preussen HM	1949	M65		00:51:43	00:52:14	00:53:18			2:37:15				
Werner	Herbert	ESV	1948	M65			00:33:50				#ZAHL!				
Kallikat	Horst	ESV	1938	M75	00:48:54	00:49:14	00:49:34				2:27:42				