

12 km													
Hartmann	Lucy	ESV Hameln	1994	WHK	01:04:31						0:00:00		
Rößler	Finja	ESV	1985	W30			00:51:38				0:00:00		
Lehmer	Nicole	SV Signal Id	1976	W35							0:00:00		
Mispagel	Konstanze	Holtensen	1975	W40							0:00:00		
Korff-Strübe	Danielle		1969	W45							0:00:00		
Anderson	Britta	ESV	1968	W45	00:54:30	00:54:30					0:00:00		
Roine	Karen		1966	W45							0:00:00		
Hamann	Simone	Skiclub Spring	1966	W45							0:00:00		
Heinze	Ines	SC Bad Münd	1968	W45							0:00:00		
Majewski	Petra	ESV	1959	W55							0:00:00		
Köppen	Ulla	Vfl Hess. O.	1956	W55							0:00:00		
Anderson	Scott	ESV	1996	Junioren		00:43:45	00:44:47				0:00:00		
Hoppe	Niklas	ESV	1989	MHK	00:43:53						0:00:00		
Nowak	Christoph	Hameln	1992	MHK							0:00:00		
Grote	Lauritz	ESV Hameln		MHK	00:44:14	DNF	00:45:32				0:00:00		
Dohmeyer	Christophe	Hameln	1990	MHK	01:20:27						0:00:00		
Winterholler	Andreas	ESV	1983	M30							0:00:00		
Evers	Thore	Hameln	1984	M30		00:46:38	00:45:24				0:00:00		
Baumeister	Andreas		1980	M35							0:00:00		
Priebe	Philip	ESV	1976	M35	00:49:23						0:00:00		
Fricke	Lars	LT SC Bad M	1979	M35							0:00:00		
Dunemann	Jens	ESV Hameln	1977	M35		00:53:10	00:53:14				0:00:00		
Bleibaum	Thomas		1975	M40									
Jochim	Tobias	SC Bad Münd	1973	M40	00:56:23	00:56:41	00:57:33				2:50:37		

Scheweman	Kai	ESV	1973	M40							0:00:00		
Hage	Christian	TV Springe	1972	M40			00:55:23				0:00:00		
Köther	Tobias	Emmerthal	1971	M40							0:00:00		
Schmalkuch	Uwe		1972	M40							0:00:00		
Nicolaicz	Andre	Bad Münder	1972	M40	00:51:15	00:50:31	00:51:51				2:33:37		
Hage	Christian	Delta Runners	1972	M40	00:55:08						0:00:00		
Franke	Hans-Pete	ESV Hameln	1974	M40	01:08:32	01:15:26					0:00:00		
Fanslau	Tobias	Spartakus Ho	1967	M45	00:52:38		00:53:21				0:00:00		
Mosel	Andreas	ESV	1969	M45							0:00:00		
Meyer	Jörg	Hameln	1967	M45	01:00:49	01:00:51	00:59:45				3:01:25		
Willmann	Frank	TSV Halle	1969	M45	00:59:58	01:01:48	00:59:04				3:00:50		
Scharf	Dietmar	TSV Brünigh	1968	M45							0:00:00		
Herrting	Ronald		1966	M45							0:00:00		
Mußmann	Kai	ESV	1968	M45	00:48:27	00:47:41					0:00:00		
Gabriel	Hartmut		1969	M45	00:59:08						0:00:00		
Gierke	Tommy		1970	M45	00:59:20						0:00:00		
Savic	Goran	Aerzen	1968	M45	01:00:22						0:00:00		
Mortzfeld	Ulrich	ESV	1966	M45			00:51:08				0:00:00		
Gruppe	Marius	ESV	1968	M45			00:52:31				0:00:00		
Garbe	Christian	ESV Hameln	1965	M50							0:00:00		
Pelze	Matthias	Eime	1965	M50							0:00:00		
Fäth	Uwe	SC Bad Münd	1965	M50							0:00:00		
Vetter	Carsten	ESV		M50	00:55:40		00:55:33				0:00:00		
Engelbrecht	Thomas	RRV Hameln	1963	M50	00:45:00	00:44:55					0:00:00		
Hamann	Thomas	Skiclub Spring	1961	M50							0:00:00		
Anderson	Ian	ESV	1964	M50							0:00:00		
Stephan	Andreas	Delta Runners	1963	M50	00:51:54	00:51:44	00:53:15				2:36:53		
Wuttke	Heiko	ESV	1963	M50							0:00:00		
Ray	Leon	Hameln	1963	M50	00:59:56	01:00:40					0:00:00		
Sander	Frank	Reintjes Spee	1963	M50	00:59:55	00:57:23					0:00:00		
Greve	Ralph	Diedersen	1961	M50							0:00:00		
Sutmar	Sven-Chr.		1963	M50							0:00:00		
Lücke	Ronald		1960	M55	01:08:26	01:10:00	01:16:02				3:34:28		
Kalmus	Michael	ESV	1960	M55	01:07:01	01:06:17					0:00:00		
Ringe	Karsten	TSG Emmert	1958	M55	00:57:29	00:56:58					0:00:00		

Gurgel	Willi	Volksl. Grupe	1959	M55	01:08:37	01:07:31	01:08:14				3:24:22		
Erasmus	Detlev	LT SC BM	1957	M55							0:00:00		
Keller	Jürgen	LT SC BM	1956	M55							0:00:00		
Klose	Frank	Sportbox Ham	1960	M55	00:50:04	00:49:59					0:00:00		
Kater	Werner	TSV Fuhlen	1952	M60							0:00:00		
Bölter	Klaus	VfL Hameln	1953	M60		01:04:35					0:00:00		
Ahlborn	Jürgen	EW Süntel	1951	M60							0:00:00		
Roine	John		1951	M60							0:00:00		
Oye	Bodo	VfIL H.O.	1951	M60	01:11:26	01:11:04					0:00:00		
Werner	Herbert	ESV Hameln	1948	M65	00:53:47	00:54:31	00:55:57				2:44:15		