

Start-Nr.	Name	Vorname	Verein	Jahrgang	AK	16.11.19	30.11.19	14.12.19	11.01.20	25.01.20	23.02.20	Gesamt
						24	16	11	30	21	10	112
853	Holz	Claire		2001	WU20	01:05:59	01:09:49		01:05:33			3:21:21
906	Bauer	Jalina		1992	WHK				01:21:35			#ZAHL!
855	Müller	Nina	TSV Fuhlen	1990	WHK	01:07:56			01:05:11	01:05:39		3:18:46
774	Ray	Lara		1992	WHK				01:11:04			#ZAHL!
735	Weiß	Katharina		1998	WHK	01:31:27						#ZAHL!
900	Klingebiel	Verena-Alexandra	ESV	1981	W35		00:51:34					#ZAHL!
973	Strohdeicher	Eva		1985	W35						01:05:26	
756	Klocke	Indra	Alles Paletti	1977	W40	01:07:56						#ZAHL!
898	Busch	Barbara	RRV Hameln	1972	W45		00:58:03	00:58:54	00:58:43	00:57:22		2:54:08
909	Hellmich	Bianka		1974	W45		01:14:33					#ZAHL!
857	Lippelt	Christine	ESV	1974	W45	00:56:41	00:56:30	00:58:05		00:55:19		2:48:30
910	Münkel	Kerstin		1974	W45				01:07:00			#ZAHL!
	Kettle	Sarah	ESV									#ZAHL!
916	Küchler	Birgit	TSC Fischbeck	1971	W45						01:13:45	
863	Depping	Ute		1967	W50				01:10:36	01:06:45		#ZAHL!
	Roine	Karen	Laufzone									#ZAHL!
876	Köppen	Ulla	VfL Hess. Oldendorf	1956	W60	01:03:08		01:03:33	01:02:28	01:00:49		3:06:25
865	Majewski	Petra	ESV	1959	W60	01:02:22			01:04:19		01:09:56	3:16:37
852	Stoll	Konstantin	ESV	2002	MU20	00:57:17	00:55:15		00:57:59			2:50:31
858	Anderson	Scott	ESV	1996	MHK	00:44:10			00:45:38			#ZAHL!
899	Grote	Lauritz		1993	MHK							#ZAHL!
907	Schumann	Marcel		1991	MHK				01:05:00			#ZAHL!
867	Spieß	Andreas	ESV	1994	MHK		00:43:49	00:43:25				#ZAHL!
864/870	Hoppe	Niclas		1989	M30			00:42:54	00:43:04			#ZAHL!
913	Gruppe	Christian		1980					00:56:11	00:53:41		#ZAHL!
887	Krone	Jan		1984	M35					01:00:10		#ZAHL!
908	Strohdeicher	Manuel	OCR Heidesprinter	1981	M35				01:08:54	01:02:53	01:05:41	3:17:28
869	Walz	Markus	ESV	1985	M35			00:47:57				#ZAHL!
860	Decker	Björn	Team H.U.L.K.	1980	M40	01:10:42	01:14:35		01:21:36			3:46:53
856	Enke	Benjamin	TSV Warzen	1979	M40	00:57:30		00:57:17	00:57:18			2:52:05
842	Kowallik	Mathais	ESV	1980	M40	00:51:37						#ZAHL!

882	Meyer-Reus	Steffen		1979	M40					00:50:30		
849	Bleibaum	Thomas		1975	M45	00:57:58						#ZAHL!
956	Brendel	Dennis		1974	M45				01:01:02			#ZAHL!
746	Jochim	Tobias	Alles Paletti	1973	M45	00:55:29					01:05:08	#ZAHL!
888	Lieber	Andy	OCR Heidesprinter	1974	M45	01:10:41			01:10:53			#ZAHL!
868	Plutte	Hauke	VfL Hess. Oldendorf	1975	M45	00:47:28	00:46:04		00:47:40			2:21:12
903	Spredofsky	Marcus		1973	M45				00:56:50	00:54:33		#ZAHL!
862	Fanslau	Tobias	Spartakus Holtensen	1967	M50	00:52:50	00:51:43	00:53:01	00:54:58	00:52:31	00:59:26	2:37:04
904	Harloff	Tomas	LG Klein Weidehohl	1967	M50	01:11:50			01:20:26			#ZAHL!
851	Küchler	Olaf	TSC Fischbeck	1966	M50	00:53:46		00:53:25		00:53:42		2:40:53
864/782	Siebert	Jürgen		1966	M50	00:51:47	00:51:42					#ZAHL!
902	Sonnemann	Oliver	Hannover Runners	1970	M50				00:53:17	00:46:09		#ZAHL!
854	Stoll	Lothar	ESV	1967	M50	01:02:29	01:02:16			01:00:44	01:07:20	3:05:29
863	Tietze	Olaf	SV Sparkasse Hannover	1967	M50	00:52:17	00:54:37			00:51:07		2:38:01
897	Voges	Frank	LT SC Bad Münder	1967	M50		00:59:50		01:03:31	00:59:33	01:04:14	3:02:54
871	Anderson	Ian	ESV	1954	M55					00:52:07		#ZAHL!
861	Bettels	Gregor	ESV	1962	M55	01:13:03						#ZAHL!
866	Engelbrecht	Thomas	RRV Hameln	1963	M55		00:46:30			00:47:45		#ZAHL!
885	Meyer	Hans-Christoph		1964	M55					01:02:42		
911	Münkel	Karsten		1965	M55				00:59:02			#ZAHL!
892	Hamann	Thomas	Ski Club Springe	1961	M55				01:04:22	00:53:47	00:55:47	2:53:56
737	Ray	Leon	Hameln	1963	M55				01:08:43	01:03:41	01:06:55	3:19:19
779/914	Gurgel	Willi		1959	M60			01:16:37	01:15:45			#ZAHL!
859	Jermis	Dieter		1956	M60	00:58:28	00:57:47	00:59:17	00:58:27			2:54:42